



# BULLSEYE

Ages 5+ | Individual based | 1 players

## AIM OF THE GAME



- ▶ Throw all the balls to land in the hoop.

## EQUIPMENT



- ▶ One hoop or jumpers laid out to make a circle, 10 balls or soft objects.

## HOW TO PLAY



- ▶ Set up one hoop or jumpers laid on the floor in a safe area to make a circle and target.
- ▶ Mark a line three to four steps away from the circle and place all the balls or soft objects on the floor.
- ▶ Your aim is to roll or throw the ball into the hoop so that they stay inside the hoop and you score a bullseye!
- ▶ If the ball lands in the hoop, you shout "Bullseye!" and move on to the next ball.
- ▶ Keep playing until you have all the balls inside the hoop.
- ▶ You can set a time limit of three minutes at the start to challenge yourself.

## GAME VARIATIONS



1. Players must change which hand they roll or throw with on each attempt.
2. Balance on one leg while you throw.
3. Come up with different positions to roll or throw from.
4. You can't use your hands -how else can you score a bulls eye?
5. Try having a selection of soft objects to use like balls, teddies, socks or beanbags. Which objects are easier, and which are harder to score a bullseye with?