

# SOCK TENNIS

Ages 7+ | Individual or Family | 1+ Players

## **AIM OF THE GAME**



Transfer the socks using the clipboard as a tennis racquet from one end of the court to another.

### **EQUIPMENT**



 Five pairs of rolled up socks and a clipboard or strong piece of cardboard to be used as a racket.

# **HOW TO PLAY**



- Mark out a court or safe area and place all the sock balls at one end
- If playing on your own, transfer all the sock balls, one at a time, from one end of the court to the other by balancing the sock balls on your 'racket' whilst moving.
- Try to transfer all the sock balls as quickly as possible from one end of the court to the other.
- If playing with a partner see who can transfer all five sock balls the quickest.

### **GAME VARIATIONS**



- Hit the sock balls up and down on your racket as moving them from one end of court to the other.
- 2. If an item is dropped the players must start from the beginning.
- 3. Add a bin/box/bucket that the socks must be hit into at the end of the court. Use a line to hit from, the further away the harder the challenge.
- **4.** If playing with a partner try hitting the balls back and forth to each other whilst travelling.

