



CLAP OR CATCH

Ages 5+ | Family based | 2+ players

AIM OF THE GAME



- ▶ Be the last player playing, by listening and reacting to the calls.

EQUIPMENT



- ▶ Either a football, soft ball or soft toy

HOW TO PLAY



- ▶ The game can be played as a pair but works better in groups of three or four players.
- ▶ Make a circle with one player standing in the middle with a ball
- ▶ The player in the middle throws the ball to one of the outside players and shouts either clap or catch
- ▶ If 'catch' is called, the player catches the ball. If 'clap' is called, they must clap their hands before catching the ball.
- ▶ Once everyone has had one go, you move onto Level Two where if 'clap' is called the player must clap twice before catching. This continues with the number of claps increasing the more levels you move up.
- ▶ If a player does the wrong action, drops the ball or does the wrong number of claps before catching, they lose a life (5 in total). Every time that they do it correctly, they regain one life

GAME VARIATIONS



1. The player in the middle throws the ball without speaking. If it bounces, they catch it, if it's thrown in the air they clap and catch it.
2. The person on the outside does the opposite action to what was called.
3. If playing as a pair, see how many levels and number of catches they can get to, the winner is the player who gets to the highest level.