



# EASTER EGG & SPOON RELAY

Ages 6+ | Family based | 2+ players | Easter Theme

## AIM OF THE GAME



- ▶ Race as fast as you can whilst balancing the 'egg' on the spoon around, over or under obstacles

## EQUIPMENT



- ▶ Spoons, small balls or toys to balance on the spoon as eggs

## HOW TO PLAY



- ▶ Check with an adult which spoons and small items you can use as 'eggs' to play this game.
- ▶ Set out a racecourse inside or outside. This should include a start/finish line, a target to move towards and around before returning to the finish line.
- ▶ Balance your 'egg' (small item or toy) on the spoon, holding it in one hand only.
- ▶ The youngest player goes first, whilst their playmate waits for their return.
- ▶ Move towards and around the target as fast as you can without dropping the 'egg'. If the 'egg' is dropped you must pick it up, rebalance it on the spoon before moving again.
- ▶ When they return transfer the 'egg' to next player's spoon before they take their go.
- ▶ Repeat this relay process but use the opposite hand for each turn. Can you complete the course faster each time?

## GAME VARIATIONS



1. If transferring the 'egg' to playmates spoon, do so without using any hands touching the 'egg'.
2. Remove the use of a spoon and balance the 'egg' on a specific part of the body. I.e back of elbow, back of neck, or on your back whilst crawling,
3. Add challenges or safe obstacles to the racecourse that might require jumping over, crawling under or moving with a ball at your feet.
4. If playing against another player, the youngest shouts "Go" to start the race. The first player back wins the race. Repeat but use the opposite hand for the next race.