



HEAD, SHOULDERS, KNEES & RUDOLPH'S NOSE!

Ages 5+ | Family based | 3+ players

AIM OF THE GAME



- ▶ First player to grab Rudolph's nose wins!

EQUIPMENT



- ▶ Red ball or toy.

HOW TO PLAY



- ▶ In a safe playing area, place a red ball or toy as Rudolph's nose between two players who face each other three or four steps apart.
- ▶ The third player will call out "Rudolph's nose", and it is the first player to grab Rudolph's nose who scores a point.
- ▶ Play for two minutes and see which player can score the most points, or swap around roles after each time Rudolph's nose is caught.

GAME VARIATIONS



1. Try playing whilst balancing on one leg or with one eye closed.
2. Hide Rudolph's nose under different cones, cushions or clothes and the players must guess which one it is under. They only get one chance to guess and look per call of "Rudolph's nose".
3. Try balancing a ball or safe object on a particular part of the body (e.g. head) as you go to grab Rudolph's nose.