



# HOMEMADE BOWLS

Ages 3+ | Individual or Family | 1+ Players

## AIM OF THE GAME



- ▶ Get your ball as close as possible to the target.

## EQUIPMENT



- ▶ A toilet roll or kitchen roll cardboard tube, and three small balls or rolled up socks.

## HOW TO PLAY



- ▶ Place your toilet roll or kitchen roll cardboard tube in a safe space. This is the target that you are aiming for.
- ▶ From a starting line which should be three to five steps away from the target, throw the small balls or rolled up socks to get them to land as close as possible to the target.
- ▶ Have three go's to see how close you can get. If an adult is available to help, ask them to help using a tape measure to see which ball is closest to the target.
- ▶ If playing with others see who can get the closest, making sure you remember whose ball is whose.

## GAME VARIATIONS



1. Vary the distances, the further away the harder the game.
2. Try different types of throws, underarm, overarm, hand underneath the ball, hand on top of the ball, using your left or right hand.
3. Throw from different positions such as sitting down, balancing on one leg, or turning around and sending the ball backwards through your legs.
4. Send the balls to the target by rolling and even placing different objects in the way as obstacles.