



HOT POTATO

Ages 4+ | Family Based | 2+ Players

AIM OF THE GAME



- ▶ Passing the ball as a pair or team to get to a finish line.

EQUIPMENT



- ▶ Safe space to play in and a balls or soft objects that players can pass to each other (cushions or soft teddy bears).

HOW TO PLAY



- ▶ The players lie down in a row one behind the other with their hands up in the air, knees bent and slightly apart with feet on the floor.
- ▶ The first player in the line has a ball in front of them, they sit up and lean forwards to collect the ball with their hands and then lying on their back passes the ball over their head to the player behind them.
- ▶ Player behind bends and leans forward to grab the ball with their hands.
- ▶ The first in line then gets up and runs to the back of the line.
- ▶ This is repeated with ball being passed from one player to another and then running to end of line until pair or team has reached their finish line.

GAME VARIATIONS



1. Place the ball using their feet only. Player behind can grab the ball with their hands to put in between their feet or can just use their feet.
2. Alternate each player using hands and then feet.
3. Move to the end of the line by crawling, hopping, jumping or walking backwards.
4. Vary the direction of travel for the line going around obstacles in garden or challenge to move from one room to another if playing in the house.