Cookie Knowledge — Scent Booklet

The nose knows

Did you know pandas have an amazing sense of smell? They hold bamboo up to their nose to decide if it's yummy enough to eat!

Invite Girl Scouts to take a cue from the mascot by creating a booklet with scents inspired by the cookies.

Supplies:

- <u>Cookie Sense sheet</u>
- Lip balms or oils scented like cookie ingredients (i.e. cocoa, mint, marshmallow, etc.) *Reminder: Be mindful of common allergies.

Instructions:

- 1. Volunteers place cookie-scented lip balms or essential oils at a scent booklet station. (Be mindful to avoid scents that may cause allergic reactions.) Scent suggestions: coconut, mint, lemon, chocolate, caramel, marshmallow or even butter.
- 2. Print Cookie Sense sheet.
- 3. Girl Scouts fold Cookie Sense sheet and apply the scent to the cookie that contains that ingredient.

The sweet payoff: This activity will give Girl Scouts a first-hand sensory experience so they can describe the cookies to customers in indulgent detail.



